February 13, 2003

stimulator.

David Martinez TWCC Medical Dispute Resolution 4000 IH 35 South, MS 48 Austin, TX 78704

MDR Tracking #: M2-03-0537-01 IRO #: has been certified by the Texas Department of Insurance as an Independent Review Organization. The Texas Worker's Compensation Commission has assigned this case to \_\_\_\_ for independent review in accordance with TWCC Rule 133.308 which allows for medical dispute resolution by an IRO. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, all relevant medical records and documentation utilized to make the adverse determination, along with any documentation and written information submitted, was reviewed. The independent review was performed by a matched peer with the treating doctor. This case was reviewed by a licensed Medical Doctor with a specialty and board certification in Physical Medicine and Rehabilitation. The \_\_\_ health care professional has signed a certification statement stating that no known conflicts of interest exist between the reviewer and any of the treating doctors or providers or any of the doctors or providers who reviewed the case for a determination prior to the referral to for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to the dispute. CLINICAL HISTORY , a truck driver, suffered a torn medial meniscus in a work-related accident on . Records do not clearly indicate whether or not he had knee surgery, but regardless, he developed a complex regional pain syndrome (reflex sympathetic dystrophy syndrome) in the RLE. He was eventually under the care and treatment for the \_\_\_\_ where he received lumbar sympathetic blocks and a saphenous nerve block. Medications included amantadine and other pain medications. He received extensive physical therapy and rehabilitation. Rhizotomies and sympathectomies have been discussed, though not performed. The patient was also provided the use of a rental neuromuscular pain

## REQUESTED SERVICE

The purchase of a SmartWave electrical muscle stimulator is requested for this patient.

## DECISION

The reviewer disagrees with the prior adverse determination.

## BASIS FOR THE DECISION

This patient has apparently had benefit from several of the various modalities to a limited extent, although still has some ongoing pain syndrome. It appears he also did receive some temporary palliative pain reduction benefit with the stimulator use. He also had benefit from his other therapies, and his ongoing medications.

Neuromuscular stimulation units are commonly used in the treatment of these conditions. This patient has had use of a rental unit and has documented benefit with partial pain reduction. For this reason, the purchase of the SmartWave unit is justifiable and medically reasonable in this case.

has performed an independent review solely to determine the medical necessity of the health services that are the subject of the review has made no determinations regarding benefits available under the injured employee's policy.
As an officer of, I certify that there is no known conflict between the reviewer, and/or any officer/employee of the IRO with any person or entity that is a party to the dispute.
is forwarding by mail and, in the case of time sensitive matters by facsimile, a copy of this finding to the treating doctor, payor and/or URA, patient and the TWCC.
Sincerely,

## YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

In the case of prospective *spinal surgery* decision, a request for a hearing must be made in writing and it must be received by the TWCC Chief Clerk of Proceedings within 10 days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

In the case of other *prospective (preauthorization) medical necessity* disputes a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d). A request for a hearing should be sent to: Chief Clerk of Proceedings, Texas Worker's Compensation Commission, P.O. Box 40669, Austin, TX 78704-0012. A copy of this decision should be attached to the request.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute, per TWCC rule 133.308(t)(2).

I hereby certify, in accordance with TWCC Rule 102.4 (h), that a copy of this Independent Review Organization decision was sent to the carrier, requestor, claimant (and/or the claimant's representative) and the TWCC via facsimile, U.S. Postal Service or both on this 13th day of February, 2003.